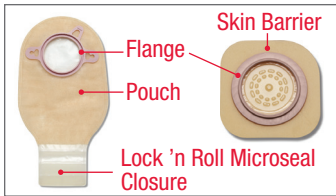


# Pouchkins Two-Piece Pouching System

## Collect Supplies



Gather pouch, skin barrier, scissors, pen, water, and gauze, cotton balls, or tissue.

## Remove Used Pouching System



Carefully lift an edge of the adhesive and peel downward, gently pushing the skin away from the skin barrier. Properly dispose of used pouch and skin barrier. Do not flush down toilet.

## Clean and Dry Skin



Clean the skin with water or with gentle soap as recommended by your healthcare professional. Rinse and dry thoroughly. Do not use oils, powder, lotion, or lotion-type soaps on the skin.

## Prepare the Skin Barrier and Pouch



Measure the stoma using a stoma measuring guide before every barrier application.



Trace the determined barrier size opening onto the skin barrier. The skin barrier should fit where the skin and stoma meet. Verify that no skin is showing between the skin barrier and the stoma to help prevent leakage and skin irritation.



Using small curved scissors, carefully cut an opening in the skin barrier to match the pattern. Do not cut beyond the line on the release liner.



Remove the release liner from the skin barrier. Set aside with adhesive facing up.



Center the skin barrier opening over the stoma. Apply gentle pressure to the skin barrier for about a minute for best adhesion.



Attach the pouch to the skin barrier by engaging the lower edges of the pouch flange and skin barrier flange. Press the two flanges together. A series of "clicks" will confirm you are doing it correctly. No more "clicks" means the pouch is secured.



Close bottom of pouch. If using a drainable pouch, close the **Lock 'n Roll** microseal closure at the bottom of the pouch or apply a pouch clamp. Fold up three times until the plastic fasteners meet. Press firmly from the center to the outer edges along the closure strip.

## Tips



The skin around the stoma should not be irritated or broken. If the skin is irritated, contact a WOC/ET Nurse or ostomy specialist



The **Pouchkins** stickers (included in each box) can be placed on the pouch to identify the date and time the pouch was changed



If using a urostomy pouch, make sure the drain valve is closed. The teardrop on the drain valve should face the body side of the pouch.

If desired, apply the cap provided in the box.

