A Hollister Technology

Hollister **Bowel Care**

ActiFlo Indwelling Bowel Catheter System
InstaFlo Bowel Catheter System

Care Tips for Certified Nursing Assistants and Patient Care Technicians

Patients Who May Need a Bowel Catheter System

- Patients who cannot control their bowel movements
- Bedridden patients who cannot use a bedpan or commode
- Patients whose skin may be harmed by stool
- Patients with wounds in or near the sacral or perianal area

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This care tips guide is only intended to highlight select aspects of catheter insertion, maintenance, and removal.*

The RN is responsible for reviewing patient contraindications and precautions, consulting with a physician, and obtaining a physician's order prior to the use of the product. A nurse can insert, remove, and irrigate the bowel catheter system.

Things to report to the nurse:

- The condition of the patient's skin
- The color and thickness of the patient's stool
- Amount of stool drained
- When the collection bags were last changed
- Any patient complaints or family concerns

How to Take Care of Hollister Bowel Catheter Systems

- The catheter tubing should be positioned so that stool can drain/flow into the collection bag. To effectively drain the catheter tubing, position the catheter tubing straight and between the patient's legs. Make sure the patient is not lying on the catheter tubing. The catheter tubing should not be twisted or kinked
- Hang the collection bag at the end of the bed so the catheter tubing is not twisted and the collection bag is lower than the patient; this will help with drainage
- Change the disposable odor-barrier collection bags when they are full to the 2000 mL line. Empty drainable bags when needed. Change drainable collection bags every seven days to help reduce odor. The bags connect and disconnect with a twist and lock movement. Follow hospital procedures for disposal
- Make sure the catheter tubing is free of stool. Regularly strip the stool into the collection bag. Stool that collects and sits in the tubing may cause leakage and/or odor
- Regularly cleanse any stool leakage from around the anus, and gently clean and protect the skin as usual
- If stool is not flowing into the catheter, suggest that the RN irrigate the catheter

Helpful Hints for the ActiFlo Indwelling Bowel Catheter System

- If the catheter is leaking or if the tubing is full of thick stool (not flowing), suggest that the RN irrigate the patient using the irrigation bag. Before irrigating, help position the patient on their side so the catheter may better drain the irrigant and stool
- Make sure the anchor straps are secured correctly (refer to the instructions). If the patient has wounds or skin problems that prevent the use of the anchor straps, make sure the straps are taped down smoothly to the catheter tubing and are out of the way. Do not cut them off. If the straps are too tight, or cause redness, notify the RN

***CAUTION: Prior to using a Hollister Bowel Catheter System (ActiFlo Indwelling Bowel Catheter System or InstaFlo Bowel Catheter System), be sure to read the entire Instructions for Use package insert supplied with the product for device Intended Use, Description, Contraindications, Warnings, Precautions, Adverse Events, and Instructions for Use.**

ActiFlo Indwelling Bowel Catheter System

Product Information

NON STERILE: The ActiFlo Indwelling Bowel Catheter is constructed primarily of silicone materials. All system components are latex-free. Single patient use only.

CAUTION: Federal (USA) law restricts this device to sale by or on the order of a physician or other healthcare practitioner licensed under state law to order this product. Refer to the complete ActiFlo Indwelling Bowel Catheter System Instructions for Use supplied by the manufacturer for directions on how to properly use this product.

INTENDED USE: The ActiFlo Indwelling Bowel Catheter System is intended for diversion of fecal matter to minimize external contact with the patient's skin, to facilitate the collection of fecal matter for patients requiring stool management, to provide access for colonic irrigation, and to administer enema/medications.

CONTRAINDICATIONS

- Do not use in patients having known sensitivities or allergies to the materials used in this device.
- Do not use if the patient's distal rectum cannot accommodate the inflated volume of the retention cuff or if the distal rectum/anal canal is severely strictured (e.g., secondary to tumor, inflammatory condition, radiation injury, scarring).
- Do not use on patients having impacted stool.
- Do not use on patients with a recent (less than 6 weeks old) rectal anastomosis, or a recent (less than 6 weeks old) anal or sphincter reconstruction.
- Do not use on patients with compromised rectal wall integrity (e.g., ischemic proctitis).
- Do not connect irrigation bag to an IV.
- Do not use irrigation bag for enteral feeding.

WARNINGS

(Failure to comply with the following warnings may result in patient injury)

- Do not use if package is open or damaged.
- Do not use improper amount or type of fluids for irrigation or cuff/balloon inflations. NEVER use hot liquids.
- Do not over inflate retention cuff or stop-flow balloon.
- Inflation of the stop-flow balloon causes complete catheter occlusion. Do not leave stop-flow balloon inflated in an unattended patient. To verify complete deflation of the stop-flow balloon, aspirate all air until RED connector (STOP FLOW 25 mL AIR) pilot balloon is collapsed when the syringe is removed from the connector.
- Use only gravity or slow manual irrigation. Do not connect manual pumping devices to catheter irrigation lumen. Do not irrigate patient with compromised intestinal wall integrity.
- Extreme caution should be exercised in patients at risk for the development of toxic megacolon. Occluding the tube by inflating the stop-flow balloon could aggravate this situation.
- Perform irrigations, and enema/medication administrations, via the CLEAR connector (IRRIG/Rx) AND NOT via the BLUE connector (CUFF 35-40 mL H_2O) or RED connector (STOP FLOW 25 mL AIR).
- Blood per rectum should be investigated to ensure no evidence of pressure necrosis from the device. Discontinue use of the device if evident.
- Abdominal distention that occurs while using the device should be investigated.
- Excessive prolonged traction on the catheter, resulting in the retention cuff migrating into the anal canal, could result in temporary or permanent clinical sphincter dysfunction, or catheter expulsion.

PRECAUTIONS

- Do not sterilize.
- The ActiFlo Indwelling Bowel Catheter System is not intended for use longer than 29 days.
- Caution should be used in patients who may bleed easily due to anticoagulant / antiplatelet therapy or underlying disease conditions. Immediately consult a physician if rectal bleeding is suspected
- The ActiFlo Indwelling Bowel Catheter System is not recommended for pediatric use.
- To avoid damage to retention cuff or stop-flow balloon, DO NOT contact either with ANY sharp edge including the enclosed lubricating jelly packets.
- The ActiFlo Indwelling Bowel Catheter System may not be effective in individuals who have had their distal rectum significantly altered by surgical resection or reconstruction.
- Patients with very weak sphincter function may expel the catheter under normal use, or may have increased leakage of stool or irrigation fluids compared to patients with normal sphincter function.
- Caution should be observed in patients whose rectum may be altered by stricture due to radiation or affected with radiation proctitis.
- Patients with severe tenesmus, or patients who experience tenesmus or severe pain after insertion of device, may not tolerate the catheter in place.
- Avoid inserting anything (e.g., thermometer, suppository, etc.) into the anal canal with the catheter in place to minimize patient injury or catheter damage.
- Care should be taken when disconnecting syringe from the CLEAR connector (IRRIG/Rx). Fluids may drain or splatter from the connector when it is disconnected.
- Use WATER ONLY to inflate retention cuff. Do not use saline solution, which may adversely affect valve function.
- Use AIR ONLY to inflate the stop-flow balloon. Do not use water or any other fluid.
- Do not use vigorous aspiration to remove fluid from the retention cuff or to remove air from the stop-flow balloon. Vigorous aspiration may collapse the inflation lumen and/or pilot balloon and may prevent retention cuff or stop-flow balloon deflation.
- Do not allow ointments or lubricants having a petroleum base (e.g., Vaseline®, petroleum-based hand/body lotion) to contact the catheter. They may damage the silicone and may compromise the integrity of the device.
- Use only Hollister branded bowel catheter collection bags with the ActiFlo Indwelling Bowel Catheter.
- Feces contains infectious material. Protect from splatter which may occur when disconnecting or emptying the collection bags or during catheter removal.
- After use, this system is a biohazard. Handle and dispose of in accordance with institutional protocol and universal precautions for contaminated waste.

ADVERSE EVENTS

- The following adverse events may be associated with the use of any rectal device:
- Perforation
- Pressure necrosis
- Loss of sphincter tone
- Obstruction
- Infection
- Excessive leakage of fecal contents

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InstaFlo Bowel Catheter System

Product Information

NON STERILE: The InstaFlo Bowel Catheter is constructed primarily of silicone materials. All system components are latex-free. Single patient use only.

CAUTION: Federal (USA) Law restricts this device to sale by or on the order of a physician or other healthcare practitioner licensed under state law to order this product. Refer to the complete InstaFlo Bowel Catheter System Instructions for Use that is packaged with the InstaFlo Bowel Catheter System Kit for directions on how to properly use this product.

INTENDED USE: The InstaFlo Bowel Catheter System is intended for diversion of liquid or semi-liquid stool to facilitate the collection of fecal matter in patients with little or no bowel control.

CONTRAINDICATIONS

- Do not use in patients with known sensitivities or allergies to the materials used in this device.
- Do not use if the patient's distal rectum cannot accommodate the inflated volume of the retention cuff, or if the distal rectum/anal canal is severely strictured (e.g., secondary to tumor, inflammatory condition, radiation injury, scarring).
- Do not use on patients having impacted stool.
- Do not use on patients with a recent (less than 6 weeks old) rectal anastomosis or a recent (less than 6 weeks old) anal or sphincter reconstruction.
- Do not use on patients with compromised rectal wall integrity (e.g., ischemic proctitis, mucosal ulcerations).

WARNINGS

(Failure to comply with the following warnings may result in patient injury).

- Do not use if package has been opened or damaged.
- Do not use improper amount or type of fluids for irrigation or retention cuff inflation. NEVER use hot liquids.
- Do not overinflate retention cuff.
- Use only gravity or slow manual irrigation. Do not connect mechanical pumping devices to catheter irrigation connector (IRRIG).
- Perform irrigations via the CLEAR connector (IRRIG) AND NOT via the BLUE connector (CUFF 35-40 mL H_2O).
- Blood per rectum should be investigated to ensure there is no evidence of pressure necrosis from the device. Discontinue use of the device if evident.
- Abdominal distention that occurs while using the device should be investigated.
- Excessive prolonged traction on the catheter, resulting in the retention cuff migration into the anal canal, could result in temporary or permanent clinical sphincter dysfunction or catheter expulsion.

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- Do not allow ointments or lubricants having a petroleum base (e.g., Vaseline®, petroleum-based hand/body lotion) to contact the catheter. They may damage the silicone and compromise the integrity of the device.
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